

Dr Bret
Dr Frenkel
Dr Routh
Dr Patterson



First Name: _____

Last Name: _____

DOB: _____

Instructions for Cardiac Defibrillator

- ❖ Procedure Date: _____ Time: _____
- ❖ Check in admitting @ _____
- ❖ Nothing to eat or drink after midnight the night before.
(You may have a small sip of water in the morning to take your approved A.M. meds)
- ❖ If taking a Diuretic (water pill) DO NOT take it the morning of procedure.
- ❖ Glucophage OR Metformin MUST BE HELD 24 HOURS PRIOR TO PROCEDURE
(If taking Insulin, take half dose the evening before procedure)
- ❖ Hold blood thinner ___ days prior to procedure. Unless directed otherwise.
(Warfarin, Coumadin, Jantoven, Xarelto, Pradaxa, Eliquis)
- ❖ Do not take medications the morning of procedure **EXCEPT** blood pressure medications.
(Iodine Allergy- Prednisone 20mg 3 tabs the evening before, 3 tabs the morning of
Tagamet 1 tab the morning of Benadryl 2 the morning of)

Please have someone available to drive you home after the procedure

Baylor Medical Center at Garland
2300 Marie Curie Blvd.
Garland, TX 75042
972-487-5000

The Heart Hospital Baylor Plano
1100 Allied Dr
Plano TX 75093
469-814-3278

Doctors Hospital
9440 Poppy Dr
Dallas, TX 75218
214-324-6001

Baylor Heart & Vascular
621 N Hall St
Dallas, TX 75246
214-820-0600
Park in Lot#19 across from ER

Methodist Richardson Medical Center
2831 E Pres George Bush Highway
Richardson, TX 75082
469.204.1000

Medfinity Health Plano
5085 Park Blvd Suite 180
Plano, TX 75093
469-609-8280